**Dates**: Saturday 16th & Sunday 17th January 2016

**Venue**: Rainbow Leisure Centre, Epsom, Surrey, KT17 1BN

**Facilities:** Six lane 25m pool, electronic timing with scoreboard.

EDSC use Sport System with results sent to ASA rankings and published on the website with Hytek.

**Affiliation:** Epsom District Swimming Club is affiliated to ASA South East Region.

**Licence:** The meet will be held under ASA Laws and the ASA Technical Rules of Swimming.

The meet is licensed at Level 3 and is held under licence number xxxx

**Age Groups:** Age at 17 January 2016.

Age groups 9, 10, 11, 12, 13, 14, 15, 16+

**Entries:** Closing date for entries is 1 December 2015.

Entries for Visiting Clubs must be made via SportSystems Entry Manager which will be available from the Entries Secretary.

Entries falling within the qualifying times will be accepted on a strictly first come, first served basis.

The Promoter reserves the right to close the meet or individuals events within the meet earlier than the specified closing date.

All entries must include the swimmer’s Date of Birth and ASA Registration Number.

The Promoter reserves the right to reject any entry without giving a reason.

The submission of entries is deemed to indicate the acceptance of the Promoter’s Conditions.

The Promoter reserves the right to alter the entry closing deadline.

**Entries Secretary:** Justine Trippier[**justine.trippieredsc@gmail.com**](mailto:justine.trippieredsc@gmail.com)

**Entry fees**: Entry fees are £5.50 per event.

Cheques to be made payable to Epsom District Swimming Club or by BACS payment.

Programme of Events

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 1 – SATURDAY 16th JANUARY 2016**  **Sign In 1.15-1.50pm**  **Warm Up 2pm – 2.45pm**  **Start 2.50pm** | | | |  | **Session 3 – SUNDAY 17th JANUARY 2016**  **Sign In 1.15-1.50pm**  **Warm Up 2pm – 2.45pm**  **Start 2.50pm** | | | |
| **No** |  | **Event** | **Ages** |  | **No** |  | **Event** | **Ages** |
| 1 | Girls | 200m Indiv Medley | All |  | 15 | Boys | 200m Indiv Medley | All |
| 2 | Boys | 200m Freestyle | All |  | 16 | Girls | 200m Freestyle | All |
| 3 | Girls | 50m Breaststroke | All |  | 17 | Boys | 50m Breaststroke | All |
| 4 | Boys | 50m Backstroke | All |  | 18 | Girls | 50m Backstroke | All |
| 5 | Girls | 100m Backstroke | All |  | 19 | Boys | 100m Backstroke | All |
| 6 | Boys | 100m Indiv Medley | All |  | 20 | Girls | 100m Indiv Medley | All |
| 7 | Girls | 100m Butterfly | All |  | 21 | Boys | 100m Butterfly | All |

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| **Session 2 – SATURDAY 16th JANUARY 2016**  **Sign In up to 5pm**  **Warm Up to 5.55pm**  **Start 6pm** | | | |  | **Session 4 – SUNDAY 17th JANUARY 2016**  **Sign In up to 5pm**  **Warm Up to 5.55pm**  **Start 6pm** | | | |
| **No** |  | **Event** | **Ages** |  | **No** |  | **Event** | **Ages** |
| 8 | Boys | 200m Backstroke | All |  | 22 | Girls | 200m Backstroke | All |
| 9 | Girls | 200m Breaststroke | All |  | 23 | Boys | 200m Breaststroke | All |
| 10 | Boys | 50m Freesyle | All |  | 24 | Girls | 50m Freesyle | All |
| 11 | Girls | 50m Butterfly | All |  | 25 | Boys | 50m Butterfly | All |
| 12 | Boys | 100m Breaststroke | All |  | 26 | Girls | 100m Breaststroke | All |
| 13 | Girls | 100m Freestyle | All |  | 27 | Boys | 100m Freestyle | All |
| 14 | Boys | 200m Butterfly | All |  | 28 | Girls | 200m Butterfly | All |

**Events:**  Events will be seeded, with heats being swum in a spearhead formation.

All events will be swum on a heat declared winner basis.

It is the responsibility of the swimmer to report to the stewarding area in sufficient time for each event. Epsom District Swimming Club cannot be held responsible for any swimmer missing the start of their particular heat.

Coaches are responsible for ensuring that all of their swimmers are competent to perform a shallow racing dive to the standards of the ASA competitive starts award.

In the event of a competitor overbalancing they should continue with a safe shallow racing dive and not fall into the water.

Over the top starts may be operated at the discretion of the Referee (except for backstroke).

The decision of the Referee on a point of law is final.

The Promoter reserves the right to amend the Programme of Events to ensure the smooth running of the Championship.

**Warm up:** All swimmers must listen to the safety announcements**.** Swimmers and coaches must ensure that they take no action that would endanger themselves or others, and may only enter the water with a safe jump (no diving). Swimmers must swim in the direction indicated by the coaches. When announced Sprint lanes will be made available.

**Results:** Results sheets will be posted, as soon as possible after each event, in a position where spectators and swimmers can see the final positions for each event.

**Awards:** Awards will be made to the first three placed swimmers in each age group.

Presentations will not be made. Awards should be collected from the awards table.

**Passes**: Poolside passes are available at a cost of £20 for 2 days or £10 for 1 day and will include admittance to all sessions and a programme.

**Officials:** Clubs entering 10 or more swimmers must provide at least one registered qualified judge per session per 10 swimmers. Details must be sent with entry fees.

**Spectators** Spectator entry is by programme at a cost of £3 per session or £5 per day.

**Safety:** Everyone attending the event must familiarise themselves with the location of the emergency exits, which must be kept clear at all times. Everyone is asked to observe all normal precautions in the pool area and when moving around The Rainbow Leisure Centre. Swimmers must not leave poolside unless they are wearing appropriate clothes and shoes, and have dried themselves.

Swimmers are **not** permitted to use the teaching pool for warm up or swim down for the duration of the event.

Only small bags will be permitted on poolside.

**Behaviour:** EDSC Competitions Committee and The Rainbow Leisure Centre Management reserve the right to remove any person from the pool area, whose behaviour is either against the pool rules or the efficient running of the Meet.

**Security:** Persons are requested not to leave their belongings unattended and to ensure valuables are placed in a locked locker or kept with someone for safekeeping. Neither Epsom District Swimming Club nor The Rainbow Leisure Centre Management will be held responsible for loss of personal property.

**Photography:** In line with the recommendations in the ASA Child Protection Policy, the Promoter of this event insists that any person wishing to engage in any video, zoom or close range photography, including the use of mobile phones with image capturing capabilities, must register their details, in the photographic log book at the programme sales desk, prior to carrying out any such photography.

**Data Protection:** Swim meet entries and results will be managed via computer. Thereby all competitors, by submitting entries, give their consent as required under the Data Protection Act 1984, to the holding of personal information on a computer. Personal data, including submitted and recorded times, will be publicly available during the meet.

**Refunds:** Entry fees will not be refunded except in exceptional circumstances and at the discretion of the Promoter.

**Promoter:** The Promoter for this event is Phil Gall. Questions and suggestions relating to the event should be sent to him by e-mail at [philgall@sky.com](mailto:philgall@sky.com)

**For any matters not covered by these Conditions the Promoter will make any decision deemed necessary to ensure the smooth running of the Meet.**