**Qualifying times for Hillingdon SC Level 3 Winter Open Meet 16th & 17th December 2017:**

**Short Course Times or Long Course converted to SC please. For conversions please use** [**www.pullbuoy.co.uk**](http://www.pullbuoy.co.uk)

**Entry times must have been achieved at a licensed meet and appear on ASA rankings. There is no upper limit.**

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| **Hillingdon Level 3 Winter Meet - Minimum Qualifying Times** |
| **BOYS** |
| **EVENT** | **10/11** | **12/13** | **14/15** | **16/Over** |
| 50m Freestyle | 37.2 | 33.1 | 29.9 | 27.4 |
| 100m Freestyle | 01:20.6 | 01:11.1 | 01:04.6 | 01:00.2 |
| 200m Freestyle | 02:54.8 | 02:35.0 | 02:20.8 | 02:12.9 |
| 400m Freestyle | 06:06.0 | 05:26.8 | 04:57.5 | 04:42.5 |
| 50m Breaststroke | 48.0 | 41.9 | 37.7 | 34.4 |
| 100m Breaststroke | 01:43.4 | 01:30.1 | 01:21.0 | 01:15.0 |
| 200m Breaststroke | 03:42.4 | 03:15.3 | 02:55.8 | 02:42.3 |
| 50m Butterfly | 41.0 | 36.4 | 32.5 | 29.6 |
| 100m Butterfly | 01:30.4 | 01:19.1 | 01:10.7 | 01:05.1 |
| 200m Butterfly | 03:18.2 | 02:54.7 | 02:35.5 | 02:24.4 |
| 50m Backstroke | 42.5 | 37.6 | 33.9 | 30.4 |
| 100m Backstroke | 01:30.5 | 01:19.7 | 01:11.5 | 01:05.4 |
| 200m Backstroke | 03:13.3 | 02:51.1 | 02:34.3 | 02:22.9 |
| 200m IM | 03:17.6 | 02:55.8 | 02:38.2 | 02:27.6 |
| 400m IM | 06:59.7 | 06:12.0 | 05:34.6 | 05:14.9 |
| **GIRLS** |
| **EVENT** | **10/11** | **12/13** | **14/15** | **16/Over** |
| 50m Freestyle | 37.7 | 34.3 | 32.5 | 30.5 |
| 100m Freestyle | 01:21.3 | 01:13.5 | 01:09.9 | 01:07.1 |
| 200m Freestyle | 02:55.4 | 02:38.0 | 02:30.2 | 02:26.1 |
| 400m Freestyle | 06:04.9 | 05:29.8 | 05:13.8 | 05:07.2 |
| 50m Breaststroke | 48.3 | 43.2 | 40.8 | 38.5 |
| 100m Breaststroke | 01:43.5 | 01:32.3 | 01:27.1 | 01:23.2 |
| 200m Breaststroke | 03:42.1 | 03:18.2 | 03:07.9 | 02:58.7 |
| 50m Butterfly | 41.3 | 37.3 | 35.2 | 32.7 |
| 100m Butterfly | 01:30.9 | 01:21.2 | 01:16.9 | 01:12.2 |
| 200m Butterfly | 03:20.2 | 02:57.3 | 02:46.9 | 02:39.0 |
| 50m Backstroke | 42.7 | 38.7 | 36.8 | 34.4 |
| 100m Backstroke | 01:31.0 | 01:21.4 | 01:17.1 | 01:13.6 |
| 200m Backstroke | 03:12.5 | 02:54.3 | 02:44.8 | 02:38.3 |
| 200m IM | 03:17.9 | 02:58.8 | 02:49.5 | 02:44.2 |
| 400m IM | 06:57.3 | 06:14.4 | 05:55.8 | 05:44.5 |

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| **Hillingdon Level 3 Winter Meet - Upper Limit Qualifying Times** |
| **BOYS** |
| **EVENT** | **10/11** | **12/13** | **14/15** | **16/Over** |
| 50m Freestyle | 29.00 | 26.50 | 25.00 | 23.30 |
| 100m Freestyle | 1.02.00 | 57.30 | 54.30 | 50.80 |
| 200m Freestyle | 2.10.00 | 2.02.20 | 1.58.20 | 1.52.00 |
| 400m Freestyle | 4.35.00 | 4.22.30 | 4.12.30 | 3.59.80 |
| 50m Breaststroke | 35.60 | 32.90 | 31.60 | 29.50 |
| 100m Breaststroke | 1.16.00 | 1.10.90 | 1.08.90 | 1.04.00 |
| 200m Breaststroke | 2.55.00 | 2.34.50 | 2.29.50 | 2.20.50 |
| 50m Butterfly | 31.10 | 28.20 | 27.30 | 25.40 |
| 100m Butterfly | 1.09.00 | 1.02.00 | 1.00.00 | 55.90 |
| 200m Butterfly | 2.30.00 | 2.16.60 | 2.13.60 | 2.05.60 |
| 50m Backstroke | 32.50 | 29.40 | 28.50 | 26.50 |
| 100m Backstroke | 1.10.00 | 1.02.50 | 1.00.50 | 56.70 |
| 200m Backstroke | 2.30.00 | 2.14.60 | 2.11.60 | 2.04.00 |
| 200m IM | 2.32.00 | 2.19.00 | 2.14.00 | 2.06.20 |
| 400m IM | 5.25.00 | 4.57.80 | 4.45.80 | 4.31.50 |
| **GIRLS** |
| **EVENT** | **10/11** | **12/13** | **14/15** | **16/Over** |
| 50m Freestyle | 30.00 | 27.20 | 27.20 | 26.40 |
| 100m Freestyle | 1.03.5 | 58.70 | 58.70 | 56.90 |
| 200m Freestyle | 2.15.0 | 2.07.00 | 2.07.00 | 2.02.60 |
| 400m Freestyle | 4.45.0 | 4.28.90 | 4.28.90 | 4.20.00 |
| 50m Breaststroke | 36.10 | 34.80 | 34.80 | 33.50 |
| 100m Breaststroke | 1.17.5 | 1.14.70 | 1.14.70 | 1.12.10 |
| 200m Breaststroke | 2.57.0 | 2.42.10 | 2.42.10 | 2.35.00 |
| 50m Butterfly | 32.00 | 29.60 | 29.60 | 28.30 |
| 100m Butterfly | 1.10.8 | 1.05.00 | 1.05.00 | 1.02.30 |
| 200m Butterfly | 2.34.5 | 2.24.20 | 2.24.20 | 2.18.50 |
| 50m Backstroke | 33.10 | 30.40 | 30.40 | 29.40 |
| 100m Backstroke | 1.12.2 | 1.04.80 | 1.04.80 | 1.02.80 |
| 200m Backstroke | 2.37.5 | 2.20.00 | 2.20.00 | 2.14.70 |
| 200m IM | 2.37.5 | 2.24.20 | 2.24.20 | 2.18.40 |
| 400m IM | 5.30.0 | 5.05.80 | 5.05.80 | 4.53.80 |