



### London Region Championships 2016

#### 2016 Qualifying Times (QT) and Consideration Times (CT) - 50m times.



	Boys / Men							Girls /Ladies					
	11/12	13	14	15	16	17+		11/12	13	14	15	16	17+
<b>2016 QT</b>	32.0	30.6	28.8	27.8	27.0	26.2	<b>50m Free</b>	32.0	31.0	30.2	30.0	29.6	29.1
<b>2016 CT</b>	32.5	31.1	29.3					32.5	31.5	30.7			
<b>2016 QT</b>	1.10.0	1.07.0	1.03.0	59.9	58.8	58.0	<b>100m Free</b>	1.09.5	1.07.0	1.05.5	1.05.0	1.04.0	1.03.5
<b>2016 CT</b>	1.11.0	1.08.0	1.04.0					1.10.5	1.08.0	1.06.5			
<b>2016 QT</b>	2.30.0	2.22.5	2.16.0	2.11.5	2.09.0	2.07.0	<b>200m Free</b>	2.31.0	2.24.0	2.21.0	2.19.0	2.18.0	2.17.5
<b>2016 CT</b>	2.32.0	2.24.5	2.18.0					2.33.0	2.26.0	2.23.0			
<b>2016 QT</b>	5.14.0	5.01.0	4.48.0	4.38.0	4.34.0	4.29.0	<b>400m Free</b>	5.10.0	5.00.0	4.56.0	4.52.0	4.50.0	4.49.0
<b>2016 CT</b>	5.18.0	5.04.0	4.52.0					5.14.0	5.04.0	5.00.0			
<b>2016 QT</b>							<b>800m Free</b>	10.35.0	10.15.0	10.05.0	9.55.0	9.50.0	9.40.0
<b>2016 CT</b>								10.45.0	10.30.0	10.20.0	10.10.0	10.05.0	9.55.0
<b>2016 QT</b>	20.40.0	19.50.0	18.55.0	18.10.0	18.00.0	17.50.0	<b>1500m Free</b>						
<b>2016 CT</b>	21.00.0	20.10.0	19.15.0	18.30.0	18.20.0	18.05.0							
<b>2016 QT</b>	43.2	40.5	38.0	37.4	36.3	35.1	<b>50m Breast</b>	42.0	40.6	39.6	39.6	39.3	38.7
<b>2016 CT</b>	43.7	41.0	38.5					42.5	41.0	40.1			
<b>2016 QT</b>	1.34.0	1.29.0	1.23.0	1.20.0	1.18.1	1.17.0	<b>100m Breast</b>	1.32.0	1.28.0	1.26.0	1.26.0	1.25.0	1.24.0
<b>2016 CT</b>	1.35.0	1.30.0	1.24.0					1.33.0	1.29.0				
<b>2016 QT</b>	3.18.0	3.06.0	3.00.0	2.52.7	2.50.0	2.48.0	<b>200m Breast</b>	3.18.0	3.10.0	3.02.0	3.00.0	2.58.0	2.57.0
<b>2016 CT</b>	3.20.0	3.08.0	3.02.0					3.20.0	3.12.0	3.04.0			
<b>2016 QT</b>	36.2	33.7	32.0	30.4	29.8	28.7	<b>50m Fly</b>	35.8	34.0	33.0	32.7	32.3	31.9
<b>2016 CT</b>	36.7	34.2	32.5					36.3	34.5	33.5			
<b>2016 QT</b>	1.23.0	1.16.0	1.12.5	1.08.0	1.06.0	1.04.0	<b>100m Fly</b>	1.22.0	1.18.0	1.14.0	1.12.5	1.11.7	1.11.0
<b>2016 CT</b>	1.24.0	1.17.0	1.13.5					1.23.0	1.19.0	1.15.0			
<b>2016 QT</b>	3.02.0	2.49.0	2.39.0	2.32.5	2.28.5	2.25.5	<b>200m Fly</b>	3.01.0	2.51.5	2.47.0	2.43.3	2.42.2	2.41.2
<b>2016 CT</b>	3.04.0	2.51.0	2.41.0					3.03.0	2.53.5	2.49.0			
<b>2016 QT</b>	38.4	36.2	34.0	33.1	32.1	31.2	<b>50m Back</b>	37.5	35.5	35.0	34.7	34.2	33.7
<b>2016 CT</b>	38.9	36.7	34.5					38.0	36.0	35.5			
<b>2016 QT</b>	1.23.0	1.16.0	1.13.5	1.10.6	1.09.6	1.08.9	<b>100m Back</b>	1.19.0	1.16.0	1.14.0	1.13.5	1.13.0	1.12.5
<b>2016 CT</b>	1.24.0	1.17.0	1.14.5					1.20.0	1.17.0	1.15.0			
<b>2016 QT</b>	2.50.0	2.41.0	2.36.0	2.30.7	2.29.6	2.29.0	<b>200m Back</b>	2.45.0	2.41.5	2.38.5	2.37.0	2.35.5	2.35.0
<b>2016 CT</b>								2.47.0	2.43.5	2.40.5			
<b>2016 QT</b>	2.54.0	2.42.0	2.36.5	2.29.5	2.27.0	2.24.0	<b>200m IM</b>	2.53.0	2.45.0	2.42.0	2.39.0	2.38.0	2.37.0
<b>2016 CT</b>	2.56.0	2.44.0	2.38.5										
<b>2016 QT</b>	6.09.0	5.50.0	5.35.0	5.19.5	5.13.5	5.11.0	<b>400m IM</b>	6.00.0	5.50.0	5.40.0	5.38.0	5.36.5	5.35.0
<b>2016 CT</b>	6.12.0	5.53.0	5.38.0					6.03.0	5.53.0	5.43.0			