

**City of Milton Keynes Swim Club****Summer Open Meet Programme  
Licensed at Level 3 (License 3SE171026)  
Saturday 17<sup>th</sup> and Sunday 18<sup>th</sup> June 2017****Programme of Events****Saturday 17<sup>th</sup> June**

		Event number			
Session 1	08:00	Warm-up	1	400m	Freestyle (male)
	08:00	Sign-in closes	2	50m	Butterfly (female)
	09:10	Start	3	200m	Backstroke (male)
			4	100m	Individual Medley (female)
			5	100m	Butterfly (male)
			6	100m	Breaststroke (female)
			7	200m	Individual Medley (male)
			8	200m	Freestyle (female)
Session 2	12:30	Warm-up	9	400m	Individual Medley (male)
	12:30	Sign-in closes	10	200m	Breaststroke (female)
	13:40	Start	11	100m	Freestyle (male)
			12	200m	Butterfly (female)
			13	100m	Backstroke (male)
			14	50m	Freestyle (female)
			15	50m	Breaststroke (male)
			16	50m	Backstroke (female)
		17-21		Boys Skins	

**Sunday 18<sup>th</sup> June**

Session 3	08:00	Warm-up	22	400m	Freestyle (female)
	08:00	Sign-in closes	23	50m	Butterfly (male)
	09:10	Start	24	200m	Backstroke (female)
			25	100m	Individual Medley (male)
			26	100m	Butterfly (female)
			27	100m	Breaststroke (male)
			28	200m	Individual Medley (female)
			29	200m	Freestyle (male)
Session 2	12:30	Warm-up	30	400m	Individual Medley (female)
	12:30	Sign-in closes	31	200m	Breaststroke (male)
	13:40	Start	32	100m	Freestyle (female)
			33	200m	Butterfly (male)
			34	100m	Backstroke (female)
			35	50m	Freestyle (male)
			36	50m	Breaststroke (female)
			37	50m	Backstroke (male)
			38-42		Girls Skins

All events are HDW.

AGE GROUPS 9, 10, 11, 12, 13, 14, 15 and 16 years &amp; over.